

Our Group aligns with NHS Scotland Right Care, Right Place Guidance and as such has an extended multi-disciplinary team (MDT) which improves access and additional appointment availability across our sites.

A General Practitioner may not be the most appropriate person to help, depending on the health needs of the individual, and many different professionals can work in General Practice, such as practice nurses, mental health nurses, physiotherapists, occupational therapists and other experts.

Our MDT includes a combination of healthcare professionals including Nurse Consultants, Advanced Nurse Practitioners (ANP), an Advanced Paramedic Practitioners (APP), Nurse Practitioners (NP), Physician's Associates (PA), Primary Care Mental Health Nurses (PCMHN) and Clinical Pharmacists, as well as GP and General Practice Nursing support. The MDT improves access to patients, operating routinely from 8am to 6pm and supports the provision of care in collaboration with the GPs on site. This model of care helps ensure patients see the most appropriate professional within the practice, allowing the GPs to focus on those patients who most urgently require their care, or have more complex needs.

Nurse Consultant (NC): Senior clinician within the MDT providing advanced clinical care and management of patients and leadership, clinical support and advice to the MDT

Advanced Nurse Practitioner (ANP): An experienced and highly educated Registered Nurse who manages the complete care for their patient, not solely any specific condition

Advanced Paramedic Practitioner (APP): An experienced Paramedic, working autonomously in the provision of patient care

Nurse Practitioner (NP): Also an experienced and highly educated Registered Nurse but not operating at as an advanced level as an ANP

Physician's Associate (PA): Working collaboratively with the team, a Physician's Associate provides independent patient care with appropriate supervision and support

Primary Care Mental Health Nurse (PCMHN): An experienced Mental Health Practitioner, working autonomously within their professional boundaries to provide expert mental health nursing care

Clinical Pharmacist: A Clinical Pharmacist works as part of our multi-professional team to deliver a specialist pharmacy service including establishing and resolving individual patient care issues and providing specialist input with the aim of ensuring safe and effective use of medicines, which could include consultations with patients in pharmacist-led clinics

Members of our MDT are also involved in the provision of unscheduled care, known as our Urgent Care Team, or UCT. The UCT is based in clinical hubs at larger sites, and they enable better access and support patients if they are deemed as urgently requiring a same day appointment.

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Alba Medical Group – Alison Lea	Alison Lea Medical Centre, East Kilbride, G74 3BG	Tel: 01355 261666
Alba Medical Group - Strathaven	Strathaven Health Centre, The Ward, Strathaven, ML10 6AS	Tel: 01357 522993
Alba Medical Group – Lanark	Woodstock Medical Practice, Woodstock Road, Lanark, ML11 7DH	Tel: 01555 665522
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